



The Orchard Primary School

Draft School Food Policy

Key Contacts:

Mr Hoosen Randeree (Headteacher)

Food in schools / healthy schools lead: Miss Rodene Roman Stockwell

Number of pupils on role

44.1 % Female

55.9 % Male

Date written

7th June 2017

Review date

September 2018

Consultation

Consultation is to take place in June 2016. Parties to be consulted will include:

Pupils (through the school council and pupil surveys), parents (through meetings, coffee mornings and surveys), staff (through meetings) and governors (through meetings).

Introduction and Context for policy

The Orchard is a smaller than average, Voluntary Aided Muslim Faith School, within the London Borough of Lambeth. We pride ourselves in providing a high standard of teaching and learning, with a personalised approach for all our children. Our aim is to nurture our children's spiritual, moral, social, cultural and physical development, within a safe environment, so as to ensure that they become positive citizens, who will contribute towards all aspects of society.

Within this context, encouraging health and wellbeing is a vitally important part of our provision and as such provides the basis for this school food policy.

1.0 Aim

To ensure that The Orchard Primary School pupils are well nourished in school and food provision reflects Government led standards.

2.0 Objectives

Pupils have the confidence, skills and understanding to make healthy food choices. Healthy and nutritious food and drink is available across the school day.

1. To recognize and acknowledge the important connection between a healthy, balanced diet and a student's ability to learn effectively and achieve high standards in school.



2. To ensure that pupils are well nourished at school, and that every pupil has access to safe, tasty, and nutritious food, and a safe, easily available water supply during the school day.
3. To ensure that all members of the school community are able to make informed choices about the importance of food and its production.
4. To promote the school's role, as part of the larger community, to promote family health, and sustainable food and farming practices.
5. To ensure that all menus served in school meet statutory Government nutritional guidelines

3.0 Strategies to Achieve Objectives - Healthy Eating in School.

3.1 Food provided during the school day (Breakfast, mid morning snack and lunch).

- Settings which provide breakfast, snacks and lunch will offer a menu which meets the Education Regulations (Nutritional Standards Requirement for school food) (England) 2007.
 - The school will ensure that all food provided within the school lunch menu from our designated caterer (Caterlink) will meet the required standards. This will entail termly checking from the School Leadership Team. Additional checks will be made by the Lambeth Local Authority and our school governors. The school also receives a food hygiene rating from the Food Standards Agency.
 - In order to ensure that the breakfast and break time foods also meet the standards, the school will regularly promote healthy packed lunches. In addition, teachers and support staff will consistently monitor pupil's packed lunch and liaise with parents where advice is required.
- The promoting of **Healthy Packed Lunches** to meet the Food Standards Agency Guidelines for a Healthy Packed Lunch and School Food Trust Guidelines, will take place through:

Parent meetings, schools newsletters, parent mail and texts. Guidelines will also be placed on the school website.
- Foods and drinks with high salt or sugar contents will not be on the grounds of health and safety.
- There are no vending machines on our school site.

3.2 Water Consumption

- Plentiful drinking of water by The Orchard Primary School has been recognized in improving behaviour and concentration. At Orchard we will promote the drinking of water by:

Having ease of access to clean drinking water for all pupils and staff on site.

Providing jugs of clean drinking water during lunch times.

Promoting the benefits of drinking water during PSHE and other lessons.



3.3 Rewards

- The Orchard Primary School recognises that pupil achievement(s) should be celebrated and rewarded when appropriate, and that food may play a role in such celebration. Any food given will meet the Government Regulations for School Food. Other forms of reward will also be actively promoted e.g. book tokens, trips, special lunchtime events.

3.4 The Dining Environment

The Orchard Primary School is committed to providing a welcoming eating environment that encourages positive social interaction. We will achieve this by:

- Ensuring an attractive eating environment - Dining hall being clean, bright and airy.
- Food that is presented very well and in an attractive manner by the catering provider (Caterlink)
- Having all the tables in the dining hall well laid out such that there is ease of interaction between pupils and supporting adults.
- Allow for free seating and intermingling of pupils on packed lunch and free school meals.
- Ensure inclusivity of all pupils (SEND, etc.)
- Encourage supplications to be read 'before and after eating' (in keeping with the faith ethos of the school).

3.5 Food in the curriculum

- Schemes of work will reflect the whole-school emphasis on Every Child Matters outcomes, including healthy eating - particular reference will be made in Citizenship, Science and PE.
- All pupils will be given the opportunity to take part in a structured programme that promotes healthy eating these are:
 - Through the school's PSHE and SMSC lessons which encompass health and wellbeing.
 - Through special projects and assemblies which promote healthy eating.

3.6 Pupil Consultation

- Young people will be given regular opportunity to be consulted appropriately about their food choices – including school meals and food and drink other than lunch. These will include:
 - Pupil surveys and questionnaires.
 - Consultation with the School Council

3.7 Partnership with parents and carers and pupils

- The partnership of home and school is critical in shaping how children and young people behave, particularly where health is concerned. Each must reinforce the other. This is not always easy but our school is well placed to lead by example.



- Parents and carers and pupils will be regularly updated on food policies settings through our monthly coffee mornings, school newsletters and the school website.

4.0 Monitoring and Evaluation

The School Food Policy will be monitored and evaluated through:

- Dining environment checks by the senior leadership team and periodically by school governors.
- Premises checks – ensuring the provision of clean drinking water is available.
- Check on packed lunches.
- Pupil, staff and parental surveys.