

# ONE

# TWO

# THREE

## AVAILABLE EVERY DAY...

4 Sept, 25 Sept, 16 Oct  
13 Nov, 4 Dec

11 Sept, 2 Oct, 30 Oct  
20 Nov, 11 Dec

18 Sept, 9 Oct, 6 Nov  
27 Nov, 18 Dec

**Spaghetti Bolognese**  
**Vegetarian Soya Bolognese (v)**  
**Jacket Potato with Cheese (v)**  
 Garden Peas & Carrots  
**Wholemeal Plum & Vanilla Crumble with Custard**  
**Yoghurt / Fresh Fruit Platter**

**Beef Curry with Rice**  
**Lentil & Sweet Potato Curry with Rice (v)**  
**Creamy Mushroom Pasta (v)**  
 Cauliflower & Sweetcorn  
**Rice Pudding with Mixed Berries**  
**Yoghurt / Fresh Fruit Platter**

**Roast Chicken with Stuffing**  
**Roast Potatoes & Gravy**  
**Bean & Vegetable Hot Pot with Roast Potatoes & Gravy (v)**  
**Cheese & Pepper Whirl with Roast Potatoes (v)**  
 Roast Parsnips & Green Beans  
**Fruit Jelly & Ice Cream**  
**Yoghurt / Fresh Fruit Platter**

**Shepherd's Pie with Gravy**  
**Shepherdess Pie with Gravy (v)**  
**Vegetable Risotto (v)**  
 Carrots & Broccoli  
**Banana Sponge with Custard**  
**Yoghurt / Fresh Fruit Platter**

**Fish Fingers with Oven Baked Chips & Tomato Sauce**  
**Bean & Lentil Burger with Oven Baked Chips (v)**  
**Cheese & Tomato Pizza with Oven Baked Chips (v)**  
 Garden Peas & Baked Beans  
**Iced Sponge**  
**Yoghurt / Fresh Fruit Platter**

**Chicken Sausages with Creamed Potatoes & Gravy**  
**Quorn Sausages with Creamed Potatoes & Gravy (v)**  
**Vegetable Pasty with Creamed Potatoes & Gravy (v)**  
 Green Cabbage & Carrots  
**Pear Crumble & Custard**  
**Yoghurt / Fresh Fruit Platter**

**Beef Lasagne with Garlic Bread**  
**Vegetable Lasagne with Garlic Bread (v)**  
**Vegetable Stuffed Jacket Potato (v)**  
 Sweetcorn & Broccoli  
**Eves Pudding with Custard**  
**Yoghurt / Fresh Fruit Platter**

**Roast Turkey with Roast Potatoes & Gravy**  
**Vegetable & Leek Pie & Gravy (v)**  
**Vegetable Wellington with Roast Potatoes & Gravy (v)**  
 Swede & Carrot Mash & Garden Peas  
**Apple & Cinnamon Compote**  
**Yoghurt / Fresh Fruit Platter**

**Jerk Chicken with Rice**  
**Quorn & Vegetable Stir Fry (v)**  
**Vegetable Enchiladas with Rice (v)**  
 Roasted Seasonal Vegetables & Broccoli  
**Chocolate & Beetroot Brownie with Ice Cream**  
**Yoghurt / Fresh Fruit Platter**

**Fish in Batter with Oven Baked Chips & Tomato Sauce**  
**Spanish Omelette with Oven Baked Chips (v)**  
**Wholemeal Vegetable Pasta Bake (v)**  
 Baked Beans & Garden Peas  
**Cheese, Apple & Biscuits**  
**Yoghurt / Fresh Fruit Platter**

**Wholemeal Meaty Beef Pizza with Cajun Spiced Wedges**  
**Cheese & Tomato Pizza with Cajun Spiced Wedges (v)**  
**Salmon Pasta Bake**  
 Sweetcorn & Baked Beans  
**Pineapple Upside Down Cake with Custard**  
**Yoghurt / Fresh Fruit Platter**

**Chicken & Leek Pie with Creamed Potatoes & Gravy**  
**Creamy Vegetable Pie with Creamed Potatoes & Gravy (v)**  
**Jacket Potato with Cheese or Beans**  
 Green Beans & Carrots  
**Chocolate & Mandarin**  
**Sponge with Chocolate Sauce**  
**Yoghurt / Fresh Fruit Platter**

**Roast (as advertised)**  
**Roast Potatoes & Gravy**  
**Vegetable Cottage Pie with Gravy (v)**  
**Mixed Vegetable Loaf with Roast Potatoes & Gravy (v)**  
 Cabbage & Carrots  
**Apple & Raisin Flapjack**  
**Yoghurt / Fresh Fruit Platter**

**Chilli Con Carne with Rice**  
**Vegetable Soya Chilli with Rice (v)**  
**Macaroni Cheese (v)**  
 Sweetcorn, Peas & Broccoli  
**Sticky Toffee Apple Crumble with Custard**  
**Yoghurt / Fresh Fruit Platter**

**Fish Fingers with Oven Baked Chips, Tomato Sauce**  
**Spicy Bean Burger with Oven Baked Chips (v)**  
**Broccoli Pasta Bake (v)**  
 Garden Peas & Baked Beans  
**Fruit Yoghurt with Vanilla Shortbread**  
**Yoghurt / Fresh Fruit Platter**

**Bread**  
 freshly baked on site daily  
**Daily salad selection**  
 there will be a selection of salad items available daily  
**Fresh Fruit & Yoghurt**  
 available daily

**WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON**

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards  
 We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

**V** Vegetarian option  
 Oily fish  
 Marine Stewardship Council details  
 Web: [www.msc.org](http://www.msc.org)  
 Chain of Custody  
 Registration Code  
 MML - C 1009

MONDAY  
 TUESDAY  
 WEDNESDAY  
 THURSDAY  
 FRIDAY